

MUGBERIA GANGADHAR MAHAVIDYALAYA

P.O.—BHUPATINAGAR, Dist.—PURBA MEDINIPUR, PIN.—721425, WEST BENGAL, INDIA
NAAC Re-Accredited B+Level Govt. aided College
CPE (Under UGC XII Plan) & NCTE Approved Institutions
DBT Star College Scheme Award Recipient

E-mail: mugberia_college@rediffmail.com // www.mugberiagangadharmahavidyalaya.ac.in

Report

On

NO TOBACCO DAY Observation

Organized by

Department of Zoology

Mugberia Gangadhar Mahavidyalaya

Under

DBT star college strengthening scheme, Govt. of India

Event: Oral Presentations

Program Supervised by: Sayantika Bera

Date: 31 May, 2023

Time: 11:00 AM

Venue: Department of Zoology

Minutes of the Departmental meeting held on 30.05.2023

Members present:

- 1. Dr. Kousik Kr. Mondal, HOD, SACT
- 2. Raju Majumdar, SACT
- 3. Sayantika Bera, SACT
- 4. Purnima Mandal, SACT
- 5. Sarbani Mahata, Guest Teacher

Decision taken in the meeting is:

- 1. We are going to celebrate the NO TOBACCO DAY on 31 May 2023 in our department.
- 2. The students will present oral presentations related to this auspicious day.



MUGBERIA GANGADHAR MAHAVIDYALAYA



P.O. – BHUPATINAGAR Dist. – PURBAMEDINIPUR S.T.D. Code – 03220 Ph. No. - 270236, Pin. – 721425 (W. B)

Date: 30.05.23

It is hereby informed to all the Department of Mugberia Gangadhar Mahavidyalaya, that the Department of Zoology is going to celebrate **No Tobacco Day** on 31may 2023, at 11:00am under DBT star college strengthening scheme. Therefore active presence of all students is highly solicited.

Dr. Swapan Kumar Misra
Principal
Principal

Principal
Mugberia Gangadhar Mahavidyalaya

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Dr. Kousik Kr. Mondal

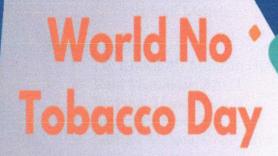
HOD, Dept. of Zoology

HOD

Department of Zoology

Mugberia Gangadhar Mahavid) alaya





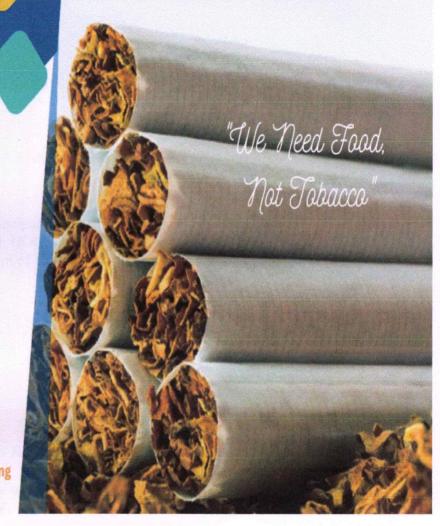
Organized By

Department of Zoology

Mugberia Gangadhar Mahavidyalaya

31st May, 2023

Under DBT Star College Strengthening
Scheme





WORLD NO TOBACCO DAY:-

Programme Director:

Sayantika Bera, Dept. of Zoology

Programme Coordinator:

Sarbani Mahata

Faculty Team:

- 1. Dr. Kousik Kr. Mondal, HOD, SACT
- 2. Raju Majumdar, SACT
- 3. Purnima Mandal, SACT
- 4. Sayantika Bera, SACT
- 5. Sarbani Mahata, Contractual Assistant Professor

Guests:

- 1. Dr. Swapan Kumar Misra, Principal
- 2. Dr. Bidhan Chandra Samanta, HOD, Dept. of Chemistry
- 3. Dr. Manas Khalua, HOD, Dept of Botany

Students:

Total: 32 (Male:5, Female: 27)

Programme Schedule:

Time	Personnel Details	Contents Delivered	
11:00AM	Sayantika Bera, Dept of Zoology	Welcome Speech	
11:30 AM	Dr. Swapan Kumar Mishra, Principal, Mugberia Gangadhar Mahavidyalaya	Inaugural Speech	
12:15PM	Dr. Bidhan Ch. Samanta, HOD, Dept of Chemistry	Significance of World No Tobacco Day	
01:15PM	Prof. Manas Khalua, HOD, Dept of Botany	Importance of World No Tobacco Day	
01:30 PM	Departmental Students	tudents Oral Presentation	
04:00 PM	Sayantika Bera	Vote of Thanks	



List of Attendance:

	31/05/23
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Under DBT	STAR College
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2. Sayandika Bera.	teacher con
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12. Romina was	Student (4th sem) Student (4th sem)
13. Rasona Tudu	Student (4th sem)
14. June d. Mail	Student (4th Jem)
15. Jayassice Jaha	chident (4th sem)
16. Agamoni Jona	Student (4th sem)
17. VRudrappasad Das	in washident (4th sem);
18. Piyali Sasmal	the state of the s
19. Knishna Bera	Ash and accounted as
20. Saholi Mandal	Student (2nd sam)
21. Shippa Jana	Student (2nd Som)
29. Archita Maity	Student (2nd som)
23. Susmita kuatua	Stylent (2nd Sem)
24. Sangita lal	Student (2nd Sem)
25. Susmila Bera	Student (and sem)
26. Pallabi Bartman	student (trad sem)
27. Swita Bhunia	student (2nd sem)
28. Somrita Pania	Student (2nd Sem)
29. Papamita Samanta	student (and Seron)
30. Purnimo Jana	Student (2nd sem)
31. Keshab Chandra Nayak	(2nd sem)
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33. Pritama Khatua	sharman 2000 5023
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List of Participants:

S.L.No	Students Name	Topic Name	Semester
1	Rudraprasad Das	E-Vapers	4 th
2	Agamani Jana	Effect of Tobacco on Health	4 th
3	Souradip Patra	Active and Passive smoking	6 th
4	Swagata Chakraborty	Effect on Environment and Society	6 th
5	Prantik Maji	Awareness and control	6 th
6	Swita Bhunia	History of Tobacco	2 nd
7	Keshab Chandra Nayak	Disease	2 nd
8	Moumita Das	History of Tobacco	4 th



Pictures of World No Tobacco Day at 31st May, 2023



Principal addressing about the relevance of the World No Tobacco Day



Prof. Sayantika Bera commencing the world no tobacco day programme





Speech on Effect on Environment and Society by Agamani Jana



Speech on E-vapers by Rudraprasad Das





Speech on Active and Passive Smoking by Souradip Patra

Speech on Effect on Environment and Society by Swagata Chakrabarty







Speech on Awareness and Control on Tobacco by Prantik Maji



Speech on History of Tobacco by Swita Bhunia





Speech on Diseases caused by tobacco by Keshab Ch. Nayek

Speech on History of Tobacco by Moumita Das





Outcomes:

World No Tobacco Day is an important global campaign aimed at raising awareness about the health risks associated with tobacco use and advocating for effective tobacco control policies. As part of our commitment to a healthy and tobacco-free environment, the Department of Zoology at Mugberia Gangadhar Mahavidyalaya celebrated World No Tobacco Day on 31st May,2023. This project outcome report highlights the activities conducted during the observance and the positive impact it had on our department and the wider community.

- Increased Awareness: The observance of World No Tobacco Day significantly raised awareness
 about the health risks associated with tobacco use, as well as the benefits of leading a tobacco-free
 lifestyle. The informative sessions, engaging activities, and creative displays effectively conveyed
 the message to a wide audience, ensuring that individuals were well-informed about the dangers of
 tobacco consumption.
- 2. Promoting Quitting Efforts: The project successfully encouraged individuals to consider quitting smoking or supporting others in their journey to quit. The counseling sessions and distribution of cessation resources played a crucial role in empowering individuals to take concrete steps towards a smoke-free life. Many participants expressed their commitment to quitting, demonstrating the positive influence of the observance.
- 3. Strengthening Community Bonds: The World No Tobacco Day observance brought together students, faculty, and staff members, fostering a sense of community and unity within the Department of Zoology. Collaborative efforts towards a shared cause created a positive environment and encouraged ongoing support for tobacco control initiatives. By working together, the department demonstrated its commitment to the well-being of its members.
- 4. Spreading Awareness Beyond the Department: Through social media campaigns, press releases, and community engagement, the activities conducted on World No Tobacco Day reached a broader audience. The impact of the project extended beyond the department's immediate surroundings, contributing to a wider awareness of the harmful effects of tobacco use and inspiring positive change in the community. By leveraging various communication channels, the department maximized its impact and effectively disseminated key messages about tobacco control.

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Principal
Mugberia Gangadhar Mahavidyalaya